

MANAGING
THE CHANGE
FOR BETTER TOMORROW



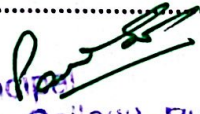
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CHAPTER 22

MOBILE PHONE USAGE: BOON OR BANE FOR SOCIETY

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Abstract

Mobile phones are indispensable these days of digitalized era. It appears as if the survival of the society is possible only through this gadget. Whether a person is working or non-working, younger or older, they all are mobile phone users. Life is unimaginable without a mobile phone. It is because of a mobile phone that we are able to access a wide range of data at our finger tips. Mobile phone has certain implications for the society. On one hand mobile phone is a handy gadget, on the other, it is bad as well. The present paper is an attempt to highlight the merits and demerits of mobile phone usage for the society and suggest some measures to get rid of excessive use of mobile phone.

Key Words: Mobile Phone Usage, Nomophobia, Cyberbullying, Gadget, Discovery, Innovations.

Introduction

Science and technology have come a long way to help us by useful innovations and discoveries in the form of time saving, physical and mental labor-saving devices. Mobile phone is a vital discovery of science to facilitate and make the day-to-day life easier. Life is unimaginable without a mobile phone. A mobile phone is not mere a phone but also a tool of calculation, recreation, a camera, a computer, a music system, an emailing device and a store house of data. Due to its multi-functionality, its usage is increasing day by day in number as well as in per hour per person too (Singh, Gupta and Garg, 2013) The latest innovations in mobile phones have led to a massive increase in the sale of mobile phones. A person having more than one mobile phone is very common these days. The love for mobile phone usage in India has been shown by a recent report by App Annie. As per the report, Indian Smartphone users stand third in the list of 'Maximum time spent on devices' after Indonesia and Brazil. People of Indonesia spend an average of 5.2 hours a day on their Smart phones, after Brazil which is at 4.8 hours a day. Third on the list is India, with an average smart phone usage time of 4.6 hours a day, which is close to a 40 per cent year-on-year rise. (www.republicworld.com)